

Sideline Basketball



SHAPE Standards:

2

DPE Outcomes:

- I can apply simple offensive strategy by moving to open space during a game.
- I can dribble with my hands during a game using three of four cues.

Equipment:

- One junior basketball or 8" foam ball for each student

Instructions

Sideline Basketball

Divide the class into two teams, each lined up along one side of the court, facing the other. Three or four active players from each team enter the floor to play regulation basketball. The remainder of the players, who stand on the sideline, can catch and pass the ball to the active players. Sideline players may not shoot, nor may they enter the playing floor. They must keep one foot completely out of bounds at all times.

The active players play regulation basketball, with the addition that they must pass and receive the ball three times from sideline players before they can attempt a goal. Sideline players may pass to each other but must pass back to an active player after three sideline passes. The game starts with active players occupying their half of the court. The ball is taken out of bounds under its own basket by the team that was scored on. Play continues until a period of time (1 minute) elapses. The active players then go to the end of their line and three new active players come out from the right. All other players move down and adjust to fill the space left by the new players.

No official out of bounds on the sides is called. The players on that side of the floor simply recover the ball and put it into play with a pass to an active player without delay. Out of bounds on the ends is the same as in regular basketball. If one of the sideline players enters the court and touches the ball, it is a violation, and the ball is awarded out of bounds on the other side to a sideline player of the other team. Free throws are awarded when a player is fouled.