

## RECIPROCAL TASK SHEET 1: ADDRESSING AND PUTTING THE BALL

Name: \_\_\_\_\_

Name: \_\_\_\_\_

**Directions:** Work with a partner. Place both of your names on each task sheet. One person is the “doer” while the other person is the “observer”. Observer reads information/instructions to the doer, offers verbal feedback, and places a check in the “yes” or “no” column recording the performance of their partner. Record the date of the practice. Complete the task sheet until you are directed to “change roles”. Then, the “doer” becomes the “observer”. Each person has his/her own task sheet.

ADDRESS ROUTINE	DATES							
(Record date of practice)								
	Yes	No	Yes	No	Yes	No	Yes	No
1. Assume the grip you have selected to use.								
2. Stand behind the ball and sight the hole.								
3. Move up to the side of ball, with arms extended place the club head down directly behind the ball so the clubface is “square” to the intended line of the putt.								
4. Place your feet so the ball is in front of the left foot about one putter blade length in front of the toe. Feet about 12” apart.								
5. Knees slightly bent.								
6. Weight mainly on left foot.								
7. Head over the ball. Eyes on ball.								
<b>PUTTING</b>								
8. Partner should place his club right about 4” beyond the toes making a straight line toward the target with ball and club face.								
9. With basically straight arms, point both elbows out slightly.								
10. Swing the club back 12” – 18”. Swing forward and through the ball. The follow through should be about the same distance as the BACKSWING. Accelerate through the ball in a smooth motion. Keep your eyes on the ball. Make the motion smooth.								
11. BACKSWING and follow through make a straight line parallel to partners club.								
12. Change roles.								
13. Repeat 1 – 12								

### GOLF SAFETY RULES

1. Follow all rules set by your instructor.
2. Do not swing a golf club until you have been instructed to do so. Always look around to see that no one is close by and within range of your swing.
3. Be careful where you walk while other people are taking practice swings.
4. Stand well away and out of range of a player taking a swing.
5. Do not swing a golf club so the follow through of the swing is traveling toward anyone.
6. If you hit a golf ball that is traveling toward someone, call “FORE”.
7. Wait for the signal from your instructor before retrieving balls.
8. Accidents occur because of carelessness, lack of awareness, or lack of knowledge. Always look around and practice safely.

Please cut off at the dashed line, sign, date, and return below to your instructor.

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**CUT OFF AND RETURN TO INSTRUCTOR**

I, \_\_\_\_\_, have read and understand the golf safety rules. I agree to follow the rules of the class.

Date \_\_\_\_\_

(Signature)