

BADMINTON SKILLS TEST

Name of Doer, Partner, Recorder _____

Directions: Work with two other people on this self-test: **Doer:** Complete elements on exam; **Partner:** Toss/Hit to doer as listed; **Recorder:** Read instructions, observe doer, and record results.

Equipment: Clipboard and pencil; 2 Badminton racquets per group; 1 Skill Test per person; 5 Shuttlecocks per group

Serves	Score Out of 5
1. Standing behind the short service line on the right side of the court, serve the shuttlecock crosscourt over the net 5 times.	
2. Standing behind the short service line on the left side of the court, serve the shuttlecock crosscourt over the net 5 times.	
3. Standing behind the short service line, next to the centerline in the right court, serve the shuttlecock crosscourt over the net, between the net and a rope 1 foot above it. Repeat 5 times in a row from the right.	
4. Standing behind the short service line, next to the centerline in the right court, serve the shuttlecock crosscourt over the net, between the net and a rope 1 foot above it. Repeat 5 times in a row from the left.	
Underhand Clears: Forehand and Backhand	
5. Standing between the net and the short service line, drop the shuttlecock and underhand clear on the forehand side. 5 clears in a row to the back 4 feet of the court marked for doubles.	
6. Standing between the net and the short service line, drop the shuttlecock and underhand clear on the backhand side, 5 clears in a row to the back 4 feet of the court marked for doubles.	
7. Standing 6 feet behind the short service line, underhand clear on the forehand side 5 clears in a row to the back 4 feet of the doubles court.	
8. Standing 6 feet behind the short service line, underhand clear on the backhand side 5 clears in a row to the back 4 feet of the doubles court.	
Drops	
9. Standing just behind the short service line on the right court, underhand drop on the forehand side a tossed shuttlecock from your partner. Return 5 drops in a row from the forehand side.	
10. Standing just behind the short service line on the right court, underhand drop on the forehand side a tossed shuttlecock from your partner. Return 5 drops in a row from the backhand side.	
Long Serves	
11. Standing to the right of and next to the centerline, 12 feet from the net, serve 5 long serves in a row to the opposite court.	
12. Standing to the left of and next to the centerline, 12 feet from the net, serve 5 long serves in a row to the opposite court.	
Overhead Clears: Forehand	
13. Standing within 12 feet of the net, a partner underhand clears the shuttlecock. Return 5 shuttlecocks in a row with an overhead forehand clear into the doubles court, at least 10 feet from the net.	
14. Standing within 12 feet of the net, a partner underhand clears the shuttlecock. Return 5 shuttlecocks in a row with an overhead forehand clear into the doubles court, to the back 4 feet of the doubles court.	
15. A server sets up short, high shots 6 to 8 inches from the net. Standing 6 feet from the short service line, smash 5 in a row within 15 feet of the net.	
16. Standing within the last 5 feet of the backcourt, overhead drop opponent's clears to you. Drop 5 shuttlecocks to the right courtside between the net and the short service line.	
17. Standing within the last 5 feet of the backcourt, overhead drop opponent's clears to you. Drop 5 shuttlecocks to the left courtside between the net and the short service line.	
18. Stand on the centerline, 6 feet from the short service line. Partner set up low, flat serves down the forehand alley. Hit 5 forehand drives in a row down that alley.	
19. Stand on the centerline, 6 feet from the short service line. Partner set up low, flat serves down the forehand alley. Hit 5 forehand drives in a row down that alley.	
20. Standing within 12 feet of the net, from a high clear set-up by a partner, backhand 5 overhead clears in a row to the back 6 feet of the doubles court.	