

SELF-CHECK TASK SHEET: GOLF CHIP SHOT

Name: _____

Objective: The student will demonstrate the grip, the stance, ball alignment and the chipping stroke.

Directions: Record date of practice. Record all components followed for each section: grip, stance, ball alignment and stroke.

1st: Two Shots Chip 15'
 2nd: Two Shots Chip 30'

(Record date of practice)	DATES							
GRIP	Yes	No	Yes	No	Yes	No	Yes	No
1. The most common grip is started with the palm of right hand facing the target								
2. The back of the left hand faces the target with the left thumb on top of the club (for left handers, the reverse is done).								
STANCE								
1. Place feet on both ends of 12" strip set parallel to target line.								
2. Knees are bent.								
3. Eyes are on the ball.								
BALL POSITION								
1. Ball slightly in front of left foot.								
STROKE								
1. Keep your head perfectly still and your eyes directly over the ball.								
2. Swing arms in a pendulum action from your shoulders around the pivot of your immobile head.								
3. Point both elbows outward slightly.								
4. Club should end facing in the direction you are hitting the ball.								