## RECIPROCAL TASK SHEET 8: SAND TRAPS

**Name:** _____

**Directions:** Work with a partner. Each person has his or her own task sheet. One person is the "doer" while the other person is the "observer". Observer reads information/instructions to the doer, offers verbal feedback, and places a check in the "yes" or "no" column recording the performance of their partner. Record the date of the practice. Complete the task sheet until you are directed to "change roles". Then, the "doer" becomes the "observer". Each person has his/her own task sheet.

| | **DATES** | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| (Record date of practice) | | | | | | | | |
| | **Yes** | **No** | **Yes** | **No** | **Yes** | **No** | **Yes** | **No** |
| 1. Use open stance. | | | | | | | | |
| 2. Keep hands ahead of ball at Address. | | | | | | | | |
| 3. Hit down on ball, do not scoop it up. | | | | | | | | |
| 4. Execute chip shot with arms and shoulders – no body motion. | | | | | | | | |
| 5. Ball hit out of trap on first contact. | | | | | | | | |
| 6. Change roles with partner. | | | | | | | | |