|  |
| --- |
| **RACQUETBALL HANDOUT: AVOIDABLE HINDERS** |

**Avoidable Hinders**: Result in loss of rally.

A. Failure to Move

B. Stroke Interference

C. Blocking

D. Moving into the Ball

E. Pushing

F. Intentional Distractions

G. View Obstruction

H. Wetting the Ball

I. Apparel or Equipment Loss

**Note:**

1. In recreational type racquetball, few "avoidable hinder" situations arise.

2. Avoidable hinders are not replayed.