

**RECIPROCAL TASK SHEET 2: SOCCER SKILLS TEST**

Name: \_\_\_\_\_

Observer's Name: \_\_\_\_\_

**Directions:** Work with 2 partners. Place the name of your observer on your task sheet. One person is the “doer”, one-person rolls, tosses, or retrieves the ball, while the other person is the “observer”. Observer reads information/instructions to the doer, offers verbal feedback and places a check in the “yes” or “no” column recording the performance of their partner. Complete the task sheet and then “change roles” within your group. Then, the “doer” becomes the “observer”, the “observer” becomes the “retriever” and the “retriever” becomes the “observer”. Each person has his/her own task sheet.

<b>DRIBBLING</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>No</b>
1. Dribble the ball using both feet through the cones and back to starting point.								
2. Repeat # 1.								
3. Dribble and inside pass ball to partner.								
4. Repeat using other foot.								
<b>ROTATE POSITIONS</b>								
<b>PASSING</b>								
1. Inside foot pass ball to partner.								
2. Repeat with other foot.								
3. Outside foot pass ball to partner.								
4. Repeat pass with other foot.								
<b>ROTATE POSITIONS</b>								
<b>TRAPPING</b>								
1. Trap passed/rolled ball with sole of foot.								
2. Repeat on other foot.								
3. Trap tossed ball with chest.								
4. Trap tossed ball with thigh.								
5. Repeat # 4 with other thigh.								
6. Repeat # 1 but dribble after trapping.								
<b>HEADING</b>								
1. Head tossed ball to target identified by instructor.								
<b>ROTATE POSITIONS</b>								
<b>THROW-IN</b>								
1. Throw ball to partner as demonstrated by instructor.								
<b>GOAL KICKING</b>								
1. Demonstrate an instep goal kick.								
2. Demonstrate a penalty kick								
<b>ROTATE POSITIONS</b>								

**TURN IN THIS EXAM TO YOUR INSTRUCTOR WHEN YOU HAVE COMPLETED TAKING IT.**