**ROCK CLIMBING EXAM**

1. Name four good warm up exercises for rock climbing.

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2. Name the three knots covered in this unit.

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3. Name the piece of equipment that can be made out of 1” tubular webbing.

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4. Name two varieties of carabineers.

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5. Name a type of belaying/rappelling device.

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6. Name two hand holds.

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7. Name two foot holds.

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8. Name the procedure for securing a climber by use of a rope.

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